

Daily horoscopes for 3/18/18, created for Daily Horoscopes, Ltd.

Aries

General: The sun may be in waifish Pisces, but the moon is in your robust sign, Aries! It's a good day to be bold about expressing your emotions, which is something you never need to be told twice. As the sign of the charging ram, you're always honest about speaking your truth, and today you'll have better access to your feelings than ever, since the planet of emotions will be in your corner. The new moon yesterday was a good time to make plans, so if you had any good ideas yesterday, the next two weeks are a great time to put them into action.

Love: The moon, Mercury, and Venus are all in your sign, meaning that love is all about bold passion today. If you're on a date tonight, be real and don't hold back, and your love interest will respond to that confidence. It's a good time for a grand romantic gesture as well, since your sign is known for its fireworks.

Health: You've got plenty of energy today, with three planets in your vital and robust sign! It's a good day to push your limits at the gym then, so if you've been wanting to take your workout's intensity up a notch, don't hesitate. As one of the most energetic zodiac signs, you're more physically energetic than most people, so see what you can do today, Aries!

Wealth: Saturn is moving through Capricorn for the next two years, and this sign isn't very intuitive to you, Aries. Capricorn is all about planning out your moves ten steps ahead, while you like to make your life up as you go along. You're the sign of passion and gut feeling, not cold calculation. However, if you make long-term plans like Capricorn, the next two years could hold great profits for you.

Family: With Mercury in your bold sign, things will be energetic around the house, and you'll be connecting with your family on a gut level since the moon, the planet of emotions, is in your sign as well. The sun is finishing its term in Pisces, which will have everyone's emotional sensitivity more activated, so be careful of other people's feelings today.

Career: You're supercharged with energy at work today, because Mercury and the moon in your sign are firing you up to get stuff done! It's a good time to start new projects, since your sign is associated with beginnings, and the sun in Pisces will make you more creative, giving you some unexpected inspiration.

Marriage: You and your partner will be connecting intensely tonight under the moon in your fiery sign! It's a good night to try something new, since your sign is associated with beginnings and enterprise, so be bold and reckless as you seek adventure together! The sun in Pisces will bring up your feelings as well, so be ready for a deeper emotional connection too.

Taurus

General: There are a lot of planets in Aries today, Taurus, and you and Aries don't really see eye to eye. Aries is all about charging into situations without a plan, and making things up as you go along, while you like to plan out your moves thoroughly and be practical about things. However, Aries can help you loosen up and find some flexibility in your usual set routines, which you can

sometimes find yourself stuck in, Taurus. Aries is associated with new beginnings, so shake things up today and see if you find some unexpected adventure!

Love: Venus in Aries encourages you to be more bold about expressing your feelings. You're usually more emotionally reserved, because you don't like to put all your cards on the table before you know all the facts about a situation. Today could be the day you go against your usual tendencies and make the first move!

Health: The moon in Aries is firing up your emotions, so you might feel more urge to seek adventure than usual. Try something new at the gym, and put the ram sign's boundless energy to use by pushing your physical limits. It's also a good time to work out any emotional tension that you have built up from work or other stresses, since Aries is a master of letting off steam.

Wealth: You're one of the most prudent signs, Taurus, so even with the moon in Aries, tempting everyone toward adventure, you're sure to put planning and caution into your investments today. Saturn is moving through Capricorn, blessing those who are calculating about their money matters, so you'll see new income this year because of your good sense!

Family: You're feeling more outgoing at home today due to the Aries moon firing up your emotional expression. Aries is one of the most talkative signs, while you're one of the more introverted ones, so you'll be encouraged by this moon phase to come out of your shell and wear your heart on your sleeve!

Career: You're an ambitious one, Taurus, but sometimes you can get into a bit of a rut at work. Saturn in Capricorn appreciates your work ethic, but it urges you to dream bigger—you might be so busy with your nose to the grindstone, you're forgetting to think about where you want to be in ten years. The moon in Aries will aid your vision by making you seek new beginnings and ambitious enterprises.

Marriage: The moon in Aries has you feeling more passionate than usual, since you're usually much more reserved about your affections than fiery Aries. It's a good night to show your partner you care through a bold romantic gesture, or by going on an adventure together. You and your partner can get stuck in a rut sometimes, Taurus, so shake things up tonight!

Gemini

General: With all these planets in Aries, it's easy to forget the sun is in emotional Pisces. Your boat is being lifted by a wave of fiery energy from the ram sign today, but as an air sign, you can still use the emotional sensitivity that comes with Pisces's influence to gain greater insight into your feelings. You usually live in your thoughts, Gemini, but Pisces is encouraging you to think about your emotions as well—if you neglect your heart in favor of your intellect, you'll never find balance! It's a great day for productivity, but find some time for introspection as well.

Love: Venus in Aries encourages bold expressions of affection, and as one of the smarmier signs you'll have no problem putting on the charm tonight, Gemini. The sun in Pisces wants to set a more sensitive tone, though, so if you find an emotional connection on your date, don't shy away from it. It's a good night to be in your feelings!

Health: The moon in Aries will amp up your drive, Gemini, so get to the gym to let off that steam! You're often more focused on keeping your brain fit than your body, but Aries will show you that the physical realm is just as interesting as what's in your head. The fiery energy of the ram sign will let you push yourself today, Gemini, so hit a new personal best!

Wealth: The moon in Aries is stimulating your tendency to be impulsive, Gemini—but don't give in to the temptation to make a rash decision today. Saturn in Capricorn is encouraging us to be prudent about our finances this year, and if we follow its advice, the planet of discipline will bring us greater wealth than ever as a reward for our efforts!

Family: The moon in Aries is firing up your communication—as if you needed more energy where talking is concerned! Your family will be acting more boldly when it comes to emotions, which could lead to some conflict when the fireworks start—but rams are always butting heads, Gemini; that's how they play! Don't sweat over a little good-natured roughhousing.

Career: Your discipline can leave something to be desired, Gemini, but if you work on that in the next two years you could gain immeasurable career success. Saturn in Capricorn is making this a great time for long-term plans and hardcore work ethics, so if you follow Saturn's lead the planet of discipline will shower you with favor!

Marriage: The moon in Aries fires up your marriage tonight, and since Venus joins the moon in Aries, the emotional and romantic connection will be sweet as well as intense! It's a good night to seek adventure together, since Aries rules new beginnings and charging into the unknown. Let the ram sign take you on a wild ride tonight, Gemini!

Cancer

General: The moon in Aries might feel overstimulating to you, Cancer, because the ram sign's rough handling of emotions feels risky and reckless to you. You prefer to be soft and sensitive about your feelings, and Aries's fire threatens to burn you. The sun is in your fellow water sign Pisces, though, bringing some emotional security into your day. Mars has also just moved into your opposite sign Capricorn, grounding the aggression Aries will be bringing into this day and helping you find your feet amid the ram sign's fireworks display. Hang in there, Cancer, and things won't get too hot to handle.

Love: While the moon and Venus are both in Aries, romance will feel more bold and passionate, though it will also be blunt and reckless. You might get the urge to confess your feelings to someone before you know how they feel about you, which is unusual for a sign like you who plays it safe with feelings.

Health: Push yourself to the limit at the gym today, Cancer! You can let off some of the steam building up from Aries's hotheaded energy, and put some of the ram sign's boundless vitality to use! It's also a good day to think about your emotional health, since your fellow water sign Pisces is bringing our feelings to the forefront of our minds.

Wealth: The moon in Aries might tempt you toward a rash decision today, Cancer, but don't give in! Saturn is moving through your opposite sign, Capricorn, so you have a lot to learn from the planet of discipline in the next two years. Capricorn will show you greater discipline and more effective long-term planning, if you commit to honing your self-control.

Family: The moon in Aries is firing up your loved ones today, though that might lead to your toes getting stepped on as the ram sign causes everyone to charge recklessly into situations without thinking ahead. You're not in sync with Aries's fiery energy, but if you let the ram sign take you for an adventure today, you might find its excitement isn't so bad!

Career: You're in a great place to move forward with your career in the next two years, Cancer. Saturn, the planet of discipline, is moving through your opposite sign, Capricorn, encouraging you to balance out your weaknesses and hone your strengths. You could find a more productive or effective work ethic if you commit to giving your all!

Marriage: The moon in Aries might feel too hot to handle for you, Cancer, since you prefer to connect with people in a more quiet, sensitive way. However, it's a good time to explore your passion and get more bold about connecting with your partner. Aries rules adventure, Cancer, so try shaking it up at home tonight and see what happens!

Leo

General: With three planets in your fellow fire sign Aries, it's shaping up to be an energetic day for you, Leo! The ram sign fills you with initiative to start new projects with, so if you have any good ideas today, run with them and see where Aries takes you. The sun in Pisces might have you a little more emotional than usual, because the fish sign encourages us to think about our deeper feelings. If you do some soul-searching today, Pisces might guide you to greater understanding of yourself, and resolution of something that was bothering you.

Love: Venus and the moon in Aries make today a great one for your theatrical romantic style. You're the kind of lover who likes to spoil your partners, so get bold and grand today and you'll be well-received. It's also a good day to connect with someone emotionally, since the sun in Pisces has us all feeling more mushy and sentimental.

Health: You're on fire at the gym today with all this energy from Aries! The moon in Aries amps up your motivation, making it easier for you to get to the gym and put your all into your workout. Venus in Aries will give you pleasure from seeking adventure and testing your limits, so see what you can do today and the ram sign will give you the fiery fuel to reach a new personal best!

Wealth: You can spend extravagantly sometimes, Leo, and the moon in impulsive Aries is making you itch to make an unwise purchase. However, Saturn is in pragmatic Capricorn right now, making this the time to cut your budget and get serious about savings. Those who make long-term plans and put work into them in the next two years will get greatly expanded wealth for their efforts!

Family: The moon and Mercury in Aries are firing up your home life today, so it's a good time for a family party. Even if you're just hanging out at home, it'll feel like a party with the ram sign charging through your family dynamics. You might end up in a pointless squabble, since Aries has a bit of a temper, but Aries is just as quick to forgive and forget!

Career: You're at a crossroads, Leo, and you can make the right call if you commit to bettering yourself this year. Saturn in Capricorn wants you to hone your discipline, so if you get serious

about your future and start putting in more work to make your dreams happen, the next two years will bring you great advances in your career!

Marriage: Anyone who married you is probably used to grand romantic gestures, Leo, though tonight might even surprise your partner as Aries supercharges you with vitality and bold energy. The sun in Pisces might take the volume down a notch as it sets a more sentimental tone for the night, encouraging emotions over theatrics.

Virgo

General: Aries, the ram sign, is charging through the skies today with its vital but unfocused energy. This firestorm might disrupt your work, Virgo, because you're just about the opposite of Aries: where the ram sign is impulsive, you're cautious, and while Aries makes things up as it goes along, you have a five-year plan with to-do list items worked out to the hour. Aries's energy might threaten to upset your well-laid plans, but you can harness it to fuel your tasks today, and maybe even get ahead. Use the ram sign's fire to do a controlled burn on your work for the day, Virgo!

Love: Venus and the moon in Aries are making today a little too hot for you to handle, Virgo. Your date tonight might strike you as loud or crass as the ram sign makes blunt, bold expression the order of the day. You're more reserved than that, so you're not comfortable wearing your heart on your sleeve, but give it a try today, Virgo!

Health: Get to the gym today and you'll be surprised at how high your energy levels are, Virgo. The moon in Aries is amping up your motivation, so while you might feel unfocused as Aries wants to try everything at once, you'll also be feeling supercharged with vitality as the ram sign lends you its boundless energy.

Wealth: Your investments have probably been going swimmingly this year, Virgo, since Saturn in Capricorn is blessing people like you who make long-term plans and stick to them. If you're contemplating a new investment today, take a little extra time to think it through, since the moon in Aries might have you wanting to jump the gun.

Family: The moon in Aries has your family acting more energetic than usual, though that might get on your nerves, since you're more introverted and low-key than loudmouth Aries is. If you try being more outgoing than usual, though, you might find you can learn a thing or two from Aries about connecting with people!

Career: You can go far in the next year, Virgo, if you just keep doing what you're doing! Your work ethic is unmatched in the zodiac, so when Saturn moves through Capricorn, blessing those who put in effort every day to make their goals happen, you're sure to be rewarded with great success.

Marriage: The moon in Aries might have you and your partner feeling more frisky and hyper than usual, since fiery Aries is all about passion and energy. The ram sign is associated with new beginnings, so it's a good night to shake up your old routines and try something new. Let Aries take you on an adventure tonight, Virgo!

Libra

General: Your opposite sign Aries is ruling the skies today, Libra, pushing you to balance out your extremes by learning from the sign most different from you. Aries is aggressive where you're diplomatic, and assertive where you can be a pushover, so today might be a good time for you to try being more fiery and pushy. As the sign of balance, you can be a people pleaser, acting however you think people want you to, or however you think will bring harmony to your current situation. Aries won't act like anyone but itself, Libra, so stand your ground today.

Love: Venus in Aries might have you wearing your heart on your sleeve today, Libra! You tend to drop hints and make classy moves on those you're interested in, but Aries just goes for it with no thought to the consequences. You might feel uncomfortable making the first move, Libra, but let Aries take you on an adventure today!

Health: If you're at the gym today, the moon in Aries will be encouraging your motivation and vitality, so you'll be more disciplined about your health regimen. The ram sign's fiery energy will be supercharging you with strength, so it's a good time to test your limits, and see how far you can go!

Wealth: The moon in Aries might tempt you to make a rash investment decision today, Libra. You can spend extravagantly, since as a sign with an expensive lifestyle you sometimes feel like you can't live without certain luxuries. But Saturn is in Capricorn, the sign of responsibility, so this year is the time to cut back on unneeded spending.

Family: The moon in Aries will fire up your family today, though it might take you out of your comfort zone to have everything be this loud at home. You're more quiet and refined than warrior Aries, so the spirit the ram sign brings to your family dynamics might be unsettling to you. However, if you learn to grab the ram by the horns, you might get a wild ride, Libra!

Career: Saturn in Capricorn could make this your year, Libra, but only if you work for it! You can let your mind wander at work, since as the sign of balance you tend to put a little effort into everything without committing to a single goal. Saturn wants you to get serious, though, and put more thought into your future, and how you want to achieve your long-term ambitions.

Marriage: With three planets in your opposite sign Aries, there'll be a sexy chemistry to your night as the push-and-pull relationship between you and Aries works up some cosmic friction. Aries rules new beginnings and adventure, so it's a good time to get out of your comfort zone with your partner and shake up your usual routines.

Scorpio

General: While you don't see eye-to-eye with rash, overenthusiastic Aries, you and the ram sign are both ruled by the warrior planet Mars, meaning your vitality and passion are running high today as Aries hosts three different planets. Aries's warrior energy is more unfocused than yours, Scorpio—Aries is a berserker, while you're more of a sniper. Aries has boundless, uncontrolled energy, while you have a deadly focus you use to strike precise and lethal blows. You can harness Aries's energy to put a little more punch into your efforts today, without letting the ram sign's exuberance blow up in your face.

Love: Venus in Aries might encourage you to wear your heart on your sleeve today, Scorpio. You're usually tightlipped about your feelings until you're sure the object of your affections is someone you can trust, but today the ram sign can show you that it's okay to open up to people if you're feeling them!

Health: Mars just moved into Capricorn, adding a steady, grounded energy to your planetary ruler. With the moon in Aries, firing up your ambition and motivation, it's a good time to test your limits and see where the ram sign can take you today! The sun in your fellow water sign Pisces makes this a good time to do some soul-searching about your emotional health, too.

Wealth: Your cold, calculating business sense will do well in the next two years, as Saturn in Capricorn rewards those with your grim determination to grow their wealth. It's a good time for people with work ethics of iron—people like you, Scorpio. Put effort into your savings and investments each day, and the planet of discipline will shower you with income gains!

Family: The moon in Aries might have your family acting more rambunctious than usual, which to your introverted nature might be annoying. An overenthusiastic ram might bring out your scorpion's stinger today, but be merciful, Scorpio—Aries might butt heads with you, but this positive, impulsive fire sign doesn't mean anything by it.

Career: As Saturn in Capricorn rewards those who are singlemindedly focused on advancing their careers, you're in a good place to make progress, Scorpio. Your work ethic and passion speak for themselves, so when it comes time for someone to get a promotion around the office, Saturn will put in a good word for you.

Marriage: The moon in Aries might bring more fiery energy into your home life than you prefer, Scorpio—you like a slow burn, while Aries is an explosion. Stoke your smoldering passions into a greater flame, though, and the ram sign will show you that its blunt boldness can be just as exciting as your more subtle and suggestive style.

Sagittarius

General: With three planets in your fellow fire sign Aries, you're supercharge with energy today, Sagittarius! It's a good day to make some headway on a project, or even to start a new one, since Aries is associate with new beginnings and initiative. You tend to start many projects without finishing them, Sagittarius, and Aries's energy can waver too, but if you tap into the energy of Saturn in Capricorn, you'll find solid discipline that will carry you through your work, no matter how many weeks or months it takes. It's a good time to get serious, Sagittarius, so hone your work ethic today!

Love: Venus in Aries makes it a good day to wear your heart on your sleeve—something you need no encouragement to do, Sagittarius! The moon in Aries is putting you in touch with your emotions in a vital, energetic way, so you'll be more bold about telling someone how you feel on your date tonight.

Health: The moon in Aries makes it a good time to test your limits, since the ram's boundless energy will give you extra vitality to push yourself at the gym. If you're feeling like you're in a rut with your health regimen, it's also a good time to start something new, since Aries is associated with new beginnings and trying new things.

Wealth: Saturn in Capricorn is encouraging you to curb your spending and get more serious about your financial planning, Sagittarius. Sometimes you don't put much thought into your money matters, but the planet of discipline is asking you to change that so you can bring in greater income in the coming year. Cut your budget, and be prudent with your investments.

Family: The moon in Aries fills you with fiery energy to connect with people emotionally, so things will be rambunctious at home today, Sagittarius! You're in a good place to have a heart-to-heart with someone, since the ram sign is all about coming out and telling someone how you feel bluntly.

Career: You sometimes let your focus drift from your work, Sagittarius, but this is the year to get serious about your career. Saturn is in Capricorn right now, giving rewards to those who use this time to hone their discipline. If you make sure you're putting your all into your work, the next two years can be a huge growth period for you!

Marriage: The moon and Venus in Aries are making this a great time to try something new around the house. You and your partner usually like to seek adventure, and Aries adds new initiative to this with its fiery vitality. The sun in Pisces makes this a good time to connect with each other emotionally, as well.

Capricorn

General: Saturn continues to move through your sign, Capricorn, making your responsible and diligent work ethic blessed, and sure to succeed over the next two years you're hosting your planetary ruler. There are three planets in Aries today, a sign that makes an unfavorable aspect to you, so it might feel like an uphill battle right now—Aries's energy is unfocused and unpredictable, making it hard for you to harness its vitality for your calculated and prudent work style. However, if you stick with your Saturnian discipline, you're sure to get the ram sign to focus.

Love: The moon in Aries is making you want to express yourself more boldly today, which is unusual for you, Capricorn! You don't tend to let your feelings be known unless you're completely sure they'll be accepted, but Aries never looks before it leaps. Faint hearts never won fair lady, Capricorn, so go for it today!

Health: You're supercharged with vitality at the gym today due to the moon in Aries. You've got so much energy, in fact, that you might want to up the intensity of your current workout. You're an ambitious sign, Capricorn, so if you've been at one level for a while, you're probably getting restless. See how far you can go today!

Wealth: The moon in Aries might tempt you to make a rash decision with regards to your money, but your natural prudence will help you resist, Capricorn. Saturn in your sign is helping you maintain your discipline and keep your eyes on the prize when it comes to growing your wealth. Keep saving and investing safely, Capricorn, and you'll see the rewards soon!

Family: You might be annoyed at the energy around your house, Capricorn, if the moon in Aries is rubbing you the wrong way with its unfocused vitality. Aries is a sign that crashes right through life without looking ahead, while you prefer to plan and use caution. But a ram and a goat aren't

very different animals, Capricorn—you and Aries are both ambitious and bold; you're just more calculated and conservative where Aries can be reckless.

Career: You're shaping up to have a good year or two with your planetary ruler in your sign! For the next two years while Saturn is in Capricorn, your work will be growing exponentially, as the planet of discipline rewards your dedicated work ethic by making your efforts pay off. Saturn wants you to work hard for its favor, but hard work is your middle name, Capricorn!

Marriage: Venus in Aries is shaking up your love life tonight, Capricorn. You're more reserved and classy about your affections, while Aries is a bold and passionate lover. You might find more fire in your connection than usual, though that could also destabilize your practical and stable marriage. You can find a balance between Aries's boldness and your own domesticity, Capricorn.

Aquarius

General: There are three planets in the fire sign Aries, so you're getting a burst of enthusiasm and initiative to start some new projects today, Aquarius! You have tons of ideas, Aquarius—in fact, some would call you a visionary with your grand schemes for how you can improve the world for all humanity. Aries's vitality will help you start putting those plans into motion, as the ram sign lights a fire under you that will fuel you to the completion of your schemes! Saturn is in Capricorn, which will support your discipline in achieving these ambitions, even when Aries's short-lived attention span fizzles out.

Love: Venus in Aries is making you a little more hotheaded when it comes to love, Aquarius! You're often emotionally reserved, playing it close to the vest until you know more about the situation, but today you might just come right out and tell someone how you feel. It's a good day for a grand romantic gesture, so don't be shy about it, Aquarius.

Health: If you're at the gym today, it's a good time to push your limits, since Aries is firing up your vitality and motivation! The ram sign is passionate and loud where you tend to be more intellectual and reserved, so Aries's energy will help you really give your all to your workout. You might also want to try something new, since Aries is associated with beginnings.

Wealth: The Aries moon might be tempting you to spend unwisely, Aquarius. If a new investment opportunity comes up that you just have to buy into, take a step back or wait a couple days before you make a decision. You love new and innovative ideas, Aquarius, but Aries's energy is unstable and might be keeping you from seeing a flaw in this bold new venture.

Family: You're feeling more rambunctious at home today due to the Aries moon! Often you live in your head, thinking of all these ideas without actually telling anyone about them. Today, you're ready to share your visions with your loved ones, and their increased energy will have them responding positively! Since Aries is associated with new beginnings, it might be a good time to start a project with your family to help you.

Career: You could have a great two years, Aquarius, if you buckle down and put all your focus on your work. If there's something you want to be doing in five years, start laying plans and making steps to get there. Saturn in Capricorn will be rewarding those who make long-term plans and work to make them happen, so earn the favor of the planet of discipline, Aquarius!

Marriage: Venus in Aries is heating up your marriage, making your set routines more likely to change tonight. Aries rules new beginnings and adventure, so when the bold, passionate ram sign is ruling love, it's a good time to go on a wild ride with your partner as you try out new approaches to your relationship. You love to experiment, Aquarius, so this will be exciting for you!

Pisces

General: The sun is in its last days in your sign, Pisces, and you've had a good birthday month so far! While many of the planets are currently in loud fire signs, which can make you feel overstimulated or threatened by their wild energy, the extra vitality you've been getting from these signs has balanced out your sign's tendency toward melancholy, allowing you to explore the emotional sensitivity associated with your sign in a more positive and constructive way. If you've been coming to any big realizations, it's a good day to act on them, since the moon in Aries is making conditions good for big changes with regards to emotions.

Love: Venus in Aries makes love a little rambunctious for your tastes—Aries wears its heart on its sleeve, but you guard your heart because your feelings can be so intense. While some might be trying to get you out of your shell, others will understand your sensitivity, and the sun in your sign will help you find people like that today!

Health: The moon in Aries is making you more motivated and energetic today, meaning you're ready to push yourself at the gym. The ram sign is supercharged with fiery energy, and it will lend you that vitality today. Aries is also the ruler of new beginnings and adventure, so try something new today, Pisces!

Wealth: The moon in Aries is firing you up, and it might tempt you to make a rash investment today. However, Saturn in Capricorn is only giving wealth to those who are unfailingly prudent, so take a few days before you make a decision, Pisces. You could grow your wealth greatly in the next two years, if you hone your discipline.

Family: If you're spending time at home, you'll notice the moon in Aries has your relatives fired up more than usual as the ram sign infuses their emotional expression with its fiery energy! You're feeling more outgoing than usual, which will make you more bold and direct. It's a good day to have a heart-to-heart with someone, using the ram's assertiveness.

Career: Pay attention to your career this year, Pisces, and you can advance it more than you ever dreamed! Saturn in Capricorn is going to help you hone your discipline to make it happen, but you have to put in your share of the work too. The moon in Aries can help you with that by jumpstarting your efforts to buckle down at the office.

Marriage: The moon and Venus in Aries are making things more heated at home than usual, so get ready for an interesting night as the ram sign shakes up your established routines, Pisces! The sun is also in your sensitive sign, so it might be a good time to check in with each others' feelings and have a long, deep conversation.